



Home Emergency Plan Partner Toolkit

 [@readyscotland](https://twitter.com/readyscotland)
 ready.scot



Introduction

Ready Scotland's aim is to make Scotland more resilient to emergencies. We recommend that all households build a small 'emergency kit' as part of their home emergency plan.

We appreciate your support in sharing our messages on the importance of creating an emergency kit, and what to include in it.


This toolkit provides assets and suggested captions for you to use and share on your social media channels. You will also find our home emergency plan template and emergency kit checklist available to download as a PDF or print.

Home Emergency Plan

We have recently updated our home emergency plan template, along with a new checklist to help people understand what to include in their home emergency kits.

Both have been designed to be downloaded or printed off, kept in a safe place and referred to when needed.

[You can download in PDF format here.](#)

 **Are you prepared?**

A home emergency kit is one of the best ways to deal with the unexpected

Light

☐ Torch

☐ Batteries

Communication

☐ Mobile phone (make sure it is fully charged)

☐ Radio

Health

☐ First Aid Kit

☐ Medicine

☐ Blankets/warm clothes

☐ Toiletries

Food/drink

☐ Ready to eat food

☐ Baby food/pet supplies

☐ Bottled water






Your important items

☐ ☐


☐ ☐

☐ ☐


☐ ☐

For more suggestions for your emergency kit, see [ready.scot](#)

 **Home Emergency Plan**

The best way to deal with the unexpected is to be prepared.
Download or print this off, fill it in and keep it safe so you have what you need and can act quickly.

 If it is not safe to go out then:


Go indoors and close all windows and doors

Stay indoors

Stay up to date using radio, TV or online

If there is no power, an FM radio powered by battery, solar or wind-up will keep you informed, including car radios.


Write down your radio station FM frequencies in advance too.

 If you have to leave home, have an agreed meeting place in advance and consider a local community hub if there is one.

Family meeting place:

Community hub:

Take your emergency items in a waterproof bag.

 **Important numbers**

Emergency services: **999**

NHS24: **111**

Loss of power: **105**

Scottish Water: **0800 077 8778**

Non-Emergency: **101**

Floodline Scotland: **0345 988 1188**


Gas emergencies: **0800 111 999**

YOUR important numbers

e.g. childcare, insurance, doctors, vets etc.

.....

.....

 Once you know you and your family are safe, look out for vulnerable neighbours.

For more advice check [ready.scot](#)

Social Assets

We have created x5 social media assets and suggested captions.

All social media posts direct users to ready.scot for further information.

Each of the social media assets have been scaled for Facebook/Instagram and Twitter. You can see examples of them in this toolkit, and they are available to download below.

- [Download Twitter size \(PNG\)](#).
- [Download Facebook/Instagram size \(PNG\)](#).

Asset 1

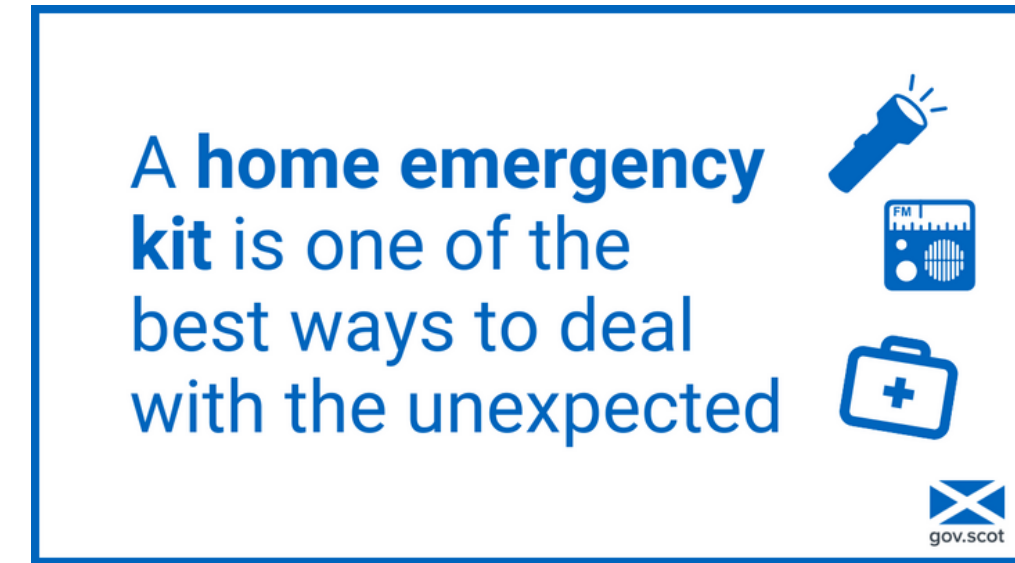
Caption:

Emergencies can happen at any time and without warning. ⚠️

But we can all take steps to make sure our households are prepared.

Download our home emergency plan template and emergency kit checklist to get started ↓

ready.scot/prepare/emergency-kit.



Asset 2

Caption:

Does your family have an emergency plan?

You should:

- ✓ Write down your important contacts
- ✓ Agree a meeting place in advance, should you need to leave home
- ✓ Keep your plan in a safe place

For more advice, check
ready.scot/prepare/emergency-plan.



Asset 3

Caption:

A home emergency kit is one of the best ways to deal with the unexpected.

Make sure to include:

- Food and water
- Blankets and warm clothes
- A First Aid Kit

For more suggestions for your emergency kit, see [ready.scot/prepare/emergency-kit](https://www.ready.scot/prepare/emergency-kit).



Asset 4

Caption:

Make sure you and your household are safe in the event of an emergency:

- Write a home emergency plan in advance
- Build an emergency kit
- Keep both in a safe place

For more advice, check ready.scot/prepare/emergency-kit.

A **home emergency kit** is
one of the best ways to
deal with the unexpected



A **home emergency
kit** is one of the best
ways to deal with the
unexpected



Asset 5

Caption:

Do you have a home emergency kit prepared?

It will help you and your loved ones know what to do in case of an emergency.

For tips on how to build your kit, visit ready.scot/prepare/emergency-kit.



Thank you

Please feel free to use and adapt the messages contained in this toolkit.

You can also follow @ReadyScotland on Twitter and Facebook and share our content directly.

If you have any questions about the content of this toolkit, contact the Resilience Communications team at SGoRRCommunications@gov.scot.